Description
Allowing the research to be reviewed using expedited review procedures under category 8(a) requires a clear understanding of the status of the study. If in doubt, ask for more details about the status of the participants and what remaining research procedures are part of “long-term follow-up”.

Decision Chart

Is this a continuing review of research previously approved by the convened IRB?

- Yes

Is the research permanently closed to the enrollment of new participants?

- Yes

Have all participants completed all research-related interventions?

- Yes

Does the research remain active only for long-term follow-up* of participants?

- Yes

The continuing review qualifies for expedited review under category 8(a).

Does not qualify for expedited review under category 8(a).

*What is Long-Term Follow-Up?
Under expedited review category (8)(a), OHRP/FDA interprets “long-term follow-up” to include:
- Research *interactions* that involve no more than minimal risk to subjects (e.g., quality of life surveys); and

---

1 The continuing review of research previously approved by the convened IRB may be reviewed by expedited procedures where (i) the research is permanently closed to the enrollment of new subjects; (ii) all subjects have completed all research-related interventions; and (iii) the research remains active only for long-term follow-up of subjects.

2 *Interaction* includes communication or interpersonal contact between investigator and subject. Please contact the IRB Office at (801) 581-3655 or irb@hsc.utah.edu for additional guidance.
• Collection of follow-up data from procedures or interventions that would have been done as part of routine clinical practice to monitor a subject for disease progression or recurrence, regardless of whether the procedures or interventions are described in the research protocol.

In contrast, OHRP/FDA interprets “long-term follow-up” to exclude:
• Research interventions\(^3\) that would not have been performed for clinical purposes, even if the research interventions involve no more than minimal risk.

**Where can I find out what research procedures are remaining?**

The continuing review application will show the study status. The protocol may also outline clearly what follow-up includes. It is up to the study team to describe the “progress of the study” and if there is not enough information, ask your IRB coordinator to send a revision request to the study team.

---

\(^3\) **Intervention** includes both physical procedures by which information or biospecimens are gathered (e.g., venipuncture) and manipulations of the subject or subject’s environment that are performed for research purposes.

Please contact the IRB Office at (801) 581-3655 or info@irb.utah.edu for additional guidance.
Additional Considerations
Unless the IRB determines otherwise, the Final Common Rule does not require continuing review of research when the research has progressed to the point that it involves only one or both of the following, which are part of the IRB-approved study:

- Data analysis, including analysis of identifiable private information or identifiable biospecimens, or
- Accessing follow-up clinical data from procedures that subjects would undergo as part of clinical care.

What does that mean? It means that no further continuing review is required for studies subject to the Final Common Rule and that qualify for expedited review under category 8(a). Remember, FDA-regulated studies still require annual continuing review!

- If you have questions about whether a study needs a continuing review, ask your coordinator.
- If you feel like the study SHOULD still have a continuing review, please provide an explanation in your board member checklist as documentation that “the IRB determined otherwise”.
- See IRB SOP 404: Continuing Review for the complete policy.

References & Links
OHRP Guidance on Continuing Review
(2010) – Expedited Review Category 8
FDA Guidance IRB
Continuing Review After Clinical Investigation Approval (2012)

OHRP 2018 Requirements FAQs

IRB SOP 404: Continuing Review
https://irb.utah.edu/guidelines/irb-sops.php

Please contact the IRB Office at (801) 581-3655 or irb@hsc.utah.edu for additional guidance.